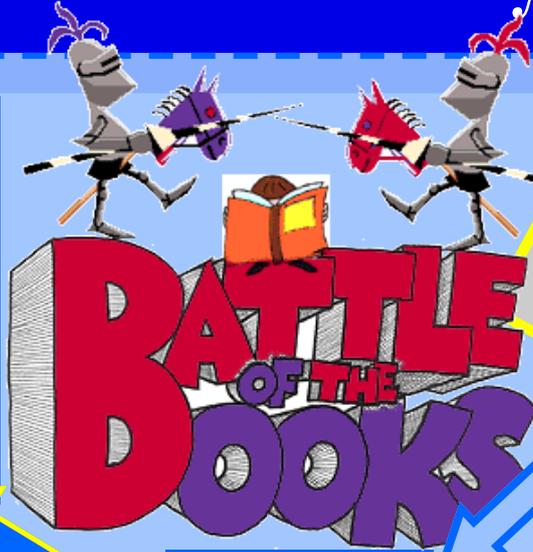


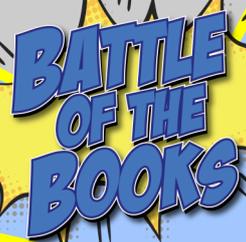


Glencull's February News

Fill out one of the pages in your 'Book Battle Diary' and give it to your teacher on a Friday (you can do more than 1 per week)! You'll get 20 minutes in class to help you write this.



Pick a library book to read and show it to your teacher; to be sure it's challenging enough!

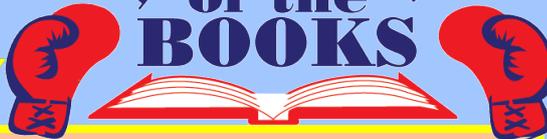
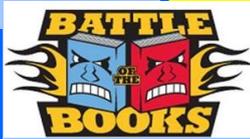


The School is split into teams.

Read the book alone or with an adult.

If the whole school manages to reach 1000 stars by world book day we will give all pupils a reward of

Your teacher will give your team one star !!



When you reach 5 stars in your diary you get a prize of a night off homework!
 10 stars gets you a pizza voucher!
 .The last day for handing in book reviews is 7th March
 .Only those with 10 stars participate in the day of play



Prize for team with best average!



IT'S WORLD BOOK DAY!

| | | | |
|---------------------------------|------------------------------------------------------------------------------|--------------------------------------|--------------------------------------|
| READ 20 MINUTES A DAY | STUDENT A reads at home 20 min/day | STUDENT B reads at home 5 min/day | STUDENT C reads at home 1 min/day |
| THEY WILL HEAR | 1,800,000 | 282,000 | 8,000 |
| WORDS PER YEAR | 851 | 212 | 42 |
| THEY WILL HAVE READ FOR | 90% | 50% | 10% |
| HOURS BY 6TH GRADE | AND ON STANDARDIZED TESTS, THEY WILL LIKELY SCORE BETTER THAN OF THEIR PEERS | | |

Source: <http://read4us.org> 2014/11/19 read 20 minutes a day

A Safe Car Park



Caution
Moving vehicles

Some rules for safe use of the new pick up and collection area

1. Enter school grounds from the A5. Do not leave the waiting box unless the school entrance is clear
2. Turn left and travel up to the Parochial house to the temporary round.
3. Drive slowly back down this private road and wait at the stop logo on the road until the collection point becomes available.
4. After you collect your children use the middle of the car park to execute a 3 point turn and then drive back out onto the A5
5. Do Not Stop behind the school bus as it reverses out. Drive up the private road instead.

| | | |
|----------|---------------|----------------|
| Times | P1/2 children | P3-7 +TUI club |
| Drop Off | 8.45-9.15am | 8.45-9.15am |
| Pick Up | 2pm | 3.00-3.15 pm |

Any waiting will create a back log so please move swiftly



Please distribute this message to all those collecting children at St Malachy's.

When a child is in your care in the car park, please hold their hand until they enter the car.



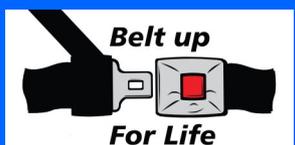
Do Not Stop
behind the
school bus



Seatbelts
Are
For
Everyone

We remind the children in school that wearing a seatbelt, even in the carpark, is a must. Drivers and passengers who fail to wear seatbelts in the front and back of vehicles are breaking the law. There is evidence that people are less likely to use seatbelts on short or familiar journeys -

this puts them at serious risk of injury in a crash. Please belt up before you leave the carpark.



Who do I talk to if I'm feeling worried?

Encourage your child to talk to their teacher, or any member of staff whenever something is worrying them. We have given each of them one of these newsletters so they remember who they can talk to when they are feeling worried about something. Mrs Mc Kenna is the Designated teacher for safeguarding and Mr Gormley is the Deputy. Pauline Turbitt is the Designated Governor for safeguarding and Austin Walsh is the chair of governors.

Who else can help me?

Board of Governors: Safeguarding Team

Mrs Pauline Mc Ginley Safeguarding

Mr Austin Walsh Chairperson

Talk to:

Mrs Mc Kenna Designated Teacher For Safeguarding

Mr Gormley Deputy Designated Teacher For Safeguarding

What do you do if you are worried about something?

St Malachy's Primary School



Concussion Awareness

The benefits of exercise and sport for children and young people are well known. Children who are active have stronger muscles and bones, are less likely to become overweight, have a

lower risk of developing some illnesses and have a better outlook on life. Taking part in sport has additional benefits such as improving co-ordination, flexibility and stamina while being part of

a sports team provides a great sense of belonging and encourages life skills such as teamwork, goal-setting and self-control. Accidents happen from time to time, on the sports pitch, in the school grounds or even at home and injury can occur. This month we will be explaining a type of injury called a concussion to the children.

Our message to them is to report to an adult whenever someone receives a blow to the head or is displaying any of the signs of concussion shown below.



Safer Internet Day

Safer Internet Day is celebrated across the globe on 6th February. Schools, companies, governments are all getting involved to help encourage the safe, responsible and positive use of technology. For parents, Safer Internet Day is a great time to have a conversation with their child about staying safe online. The children will be carrying out planned activities to raise awareness of how to be safe on line.

Safer Internet Day 2024 Tuesday 6 February

How Are You Getting Home?

If there is any change to how your child is being lifted after school please inform the child's teacher. The best way to inform the teacher is via email. If a child is lucky enough to be going to a friend's house for the afternoon it's important that the school knows who is collecting your child.



Big Litter Pick

On Friday 9th Feb The pupil of St Malachy's will be taking care of their immediate environment by taking charge of 'The Big Spring Clean'!

Each class will be given an area of the school to carry out a litter pick.

We'll be surveying how the litter is created and we'll put measures in place to make an improvement of how litter is treated at St Malachy's.



Mid Term

The dates that the children are off for Mid Term are: Monday 12th until Friday 16th Feb. Returning to school on Monday 19th. Enjoy your break! Thank you again for all your support over the first half term of 2024.

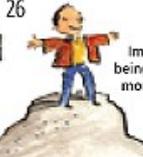
| February 2024 | | | | | | | |
|---------------|----|----|----|----|----|----|----|
| | Mo | Tu | We | Th | Fr | Sa | Su |
| | | | | 1 | 2 | 3 | 4 |
| | 5 | 6 | 7 | 8 | 9 | 10 | 11 |
| | 12 | 13 | 14 | 15 | 16 | 17 | 18 |
| | 19 | 20 | 21 | 22 | 23 | 24 | 25 |
| | 26 | 27 | 28 | 29 | | | |

Lent 2024

Lent will begin on Wednesday 14th February and will end on Thursday 28th March. Shrove Tuesday falls February 13th and Ash Wednesday 14th Feb during our mid term break. It marks the beginning of six and a half weeks of repentance, fasting and abstinence in preparation for Easter. The ashes from the palms (which have been blessed), that have been kept from last year's Palm Sunday, are mixed with holy water to make a greyish paste. When people go to church on Ash Wednesday, the priest dips his thumb in the paste and uses it to make the sign of the cross on each person's forehead.

Walking with Jesus

Lent 2024

| Sunday | Monday | Tuesday | Wednesday | Thursday | Friday | Saturday |
|----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------|
| <p>Walk with Jesus Through Lent 2024</p> <p>Jesus walked through deserts, waters, mountains, and cities to do his work. What work did he do? Walk with Jesus to Easter and find out!</p>  | | | <p>14 February</p> <p>Ash Wednesday</p> <p>Lent starts today!</p> <p>We start our walk through Lent today. Ask a parent: How will we keep Lent this year?</p>  | <p>15</p> <p>We read the Bible more often in Lent. Can you and a parent find this verse? <i>2 Corinthians 6:2</i></p> <p>Read it aloud. Say it together as a prayer for meals or before bed!</p>  | <p>16</p> <p>Jesus walked through many kinds of places. Fill a clay flowerpot saucer with sand to remember the desert that Jesus walked through.</p>  | |
| <p>18</p> <p>1st Sunday of Lent</p> <p>Jesus went to the desert to pray. Jesus liked to pray, "Abba!" which means "Father!" What will you pray?</p>  | <p>19</p> <p>In the desert, Jesus fasted for 40 days and 40 nights. Fasting means going without something. Jesus went without food.</p>  | <p>20</p> <p>When we fast in Lent, we give up something we like. The things we like are good! But when we go without them, we "taste" another good thing: freedom.</p> <p>Instead of time spent on getting food, Jesus had free time to wander and to think. Free time to listen to God.</p>  | <p>21</p> <p>In the desert, Jesus was hungry. But he wanted to taste freedom.</p> <p>For a while, we want more free time to do and to think, to love and to listen to God.</p>  | <p>22</p> <p>Lent is like a desert. For a while, we do without some things.</p> <p>"Ask and it will be given to you," Jesus says. God wants to give us freedom. Write down ways you want to be free and put them with your sand.</p>  | <p>23</p> <p>Now think of ways Jesus was free: Free to forgive. Free to teach. Free to love. Write down the one you like best and put it in your sand pile.</p>  | |
| <p>25</p> <p>2nd Sunday of Lent</p> <p>Jesus and his friends go to a mountain. Find a rock that reminds you of a mountain and add it to your sand.</p>  | <p>26</p> <p>Imagine being on the mountain.</p> <p>Now you hear a voice: "This is my beloved child. Listen to him!" What's the best thing Jesus could say to you?</p>  | <p>27</p> <p>On a mountain you look and see the world a new way. Here's another way. Cut a frame with a 2 x 2 window. Take it outside. What do you see?</p>  | <p>28</p> <p>On the mountain the disciples saw something new, too: Jesus shining like the sun. When you get up tomorrow look for something new.</p>  | <p>29</p> <p>A rock is hard! Climbing a mountain is hard! Why did Jesus do it?</p>  | <p>1 March</p> <p>Jesus didn't stay on the mountain. He came back down and kept walking—and talking! Ask a parent to read to you his story in Matthew 17:1-13.</p> <p>Close your eyes for a moment. What do you hear? Now try to listen deeper. What might God be saying to you?</p>  | |

EAT SMART WITH THE LUNCH BUNCH



| WEEK BEGINNING | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|----------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------|--------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| 19th February | Chicken Nuggets Or Homemade Lasagne Steamed Broccoli & Garden Peas Chipped Potato, Mashed Potato Ice Cream, Chocolate Sauce & Sliced Pears | Spaghetti Bolognese Or BBQ Chicken Pizza Sweetcorn & Baked Beans Diced Potatoes, Pasta, Salad Fruit & Rice Pudding | Lunch Bunch Chicken Curry & Naan Bread Or Golden Crumbed Fish Fingers Garden Peas, Rice, Salad, Mashed Potato Rice Krispie Square & Fruit | Roast Turkey, Stuffing & Rich Gravy Or Salmon Fishcake Cauliflower & Baton Carrots Mashed Potato or Oven Roast Potato Fruit Muffin Slab | Steak Burger & Tomato Ketchup Or Chicken Crumble Sweetcorn & Salad Or Chipped Potato, Pasta Flakemeal Biscuit & Fruit |
| 26th February | Golden Crumbed Fish Fingers Or Mighty Mac 'n' Cheese with Garlic Bread Slice Baked Beans & Broccoli & Coleslaw Mashed Potatoes Artichoke Roll with Peaches | Beef Meatballs with Italian Tomato & Basil Sauce Or Margherita Pizza Garden Peas & Salad Oven Baked Potato Wedges, Pasta Shortbread, Custard & Fruit | Lunch Bunch Chicken Curry & Naan Bread Or Bacon Slice Mini Corn on the Cob Steamed Rice, Chipped Potatoes Strawberry Jelly & Fruit | Roast Chicken, Stuffing & Rich Gravy Or Mexican Chili with Nachos Baton Carrots & Tossed Salad Mashed Potato & Roast Potato Jam & Coconut Sponge & Custard | Tasty Pork Sausages with Tomato Ketchup or Gravy Or Chicken Panini & Coleslaw Sweetcorn & Spaghetti Hoops Chipped Pot & Mashed Pot, Salad Melon Wedge |
| 5 February | Beef Bolognese with Garlic Bread Or Stuffed Bacon Roll/Bacon Slice Garden Peas & Cabbage Oven Baked Potato Wedges, Spaghetti Chocolate Cake & Custard | Golden Crumbed Fish Fingers Or Tex-Mex Enchilada Mini Corn on the Cob & Spaghetti Hoops or Coleslaw Chipped Potatoes, Pasta Jelly & Mandarin Oranges | Lunch Bunch Chicken Curry & Naan Bread Or Steak Burger & Gravy Garden Beans & Sweetcorn Mashed Potato, Rice Cornflake Biscuit & Custard | Roast of the Day, Stuffing & Rich Gravy Or Stuffed Chicken Cauliflower Cheese & Baton Carrots Mashed Potato Ice Cream with Wafer & Fruit | Oven Baked Chicken Nuggets Or Admiral's Ocean Pie Garden Peas & Baked Beans Chipped Potatoes & Baked Potato Homemade Ginger Biscuit & Fruit |

CnmB Indoor Competitions

Both girls and boys select teams visit Loughview to participate in CnmB indoor gaelic heats on Mon 5th and Mon 19th respectively.